



# Safe Cyber Practices Guide in the workplace

**#Be Aware.. To Be Safe**

**[Cybersecurity@ibnsina.edu.sa](mailto:Cybersecurity@ibnsina.edu.sa)**



# Topics

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<b>Secure Internet Browsing .....</b>	<b>3</b>
<b>Secure Handling of Email Services .....</b>	<b>6</b>
<b>Secure Use of Social Media .....</b>	<b>8</b>
<b>Safe Handling of Mobile Devices and Storage Media .....</b>	<b>9</b>

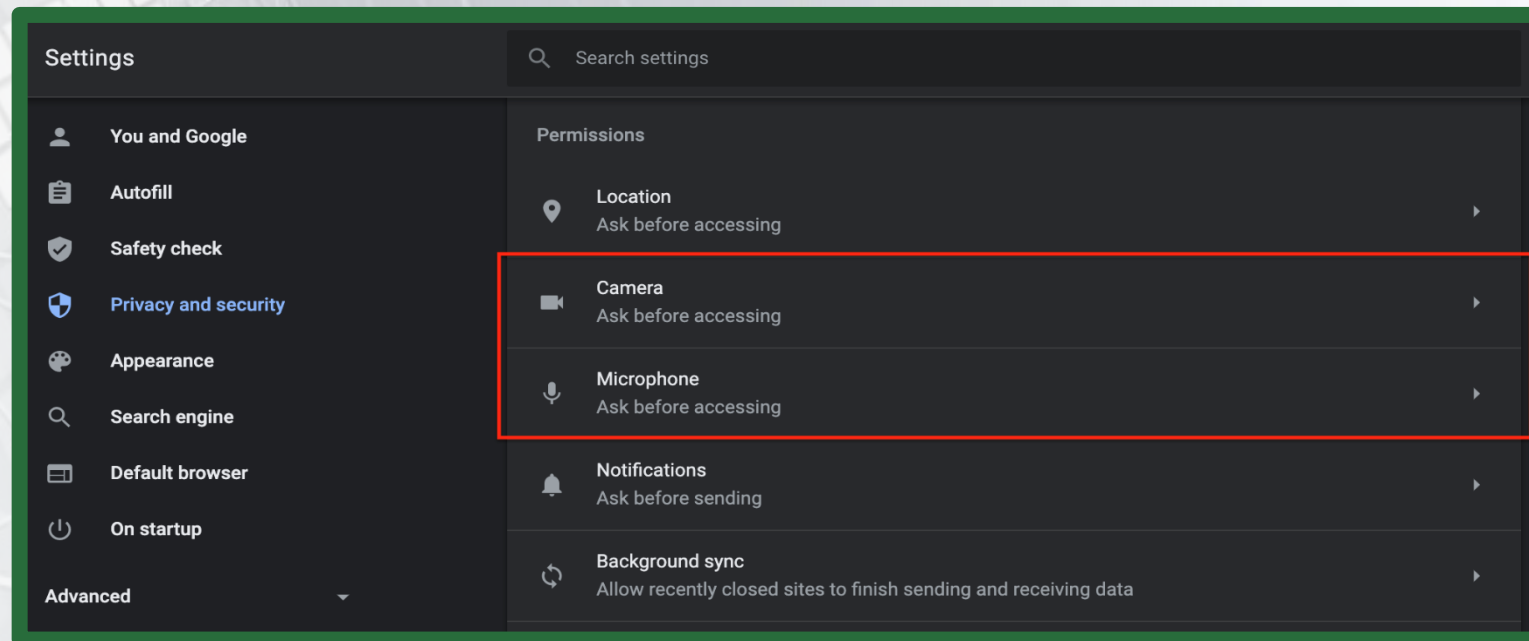


# Secure Internet Browsing

1- Avoid visiting suspicious websites and make sure that website's URL should begin with “https” rather than “http”.



2-Restrict access to geolocation, camera and microphone:

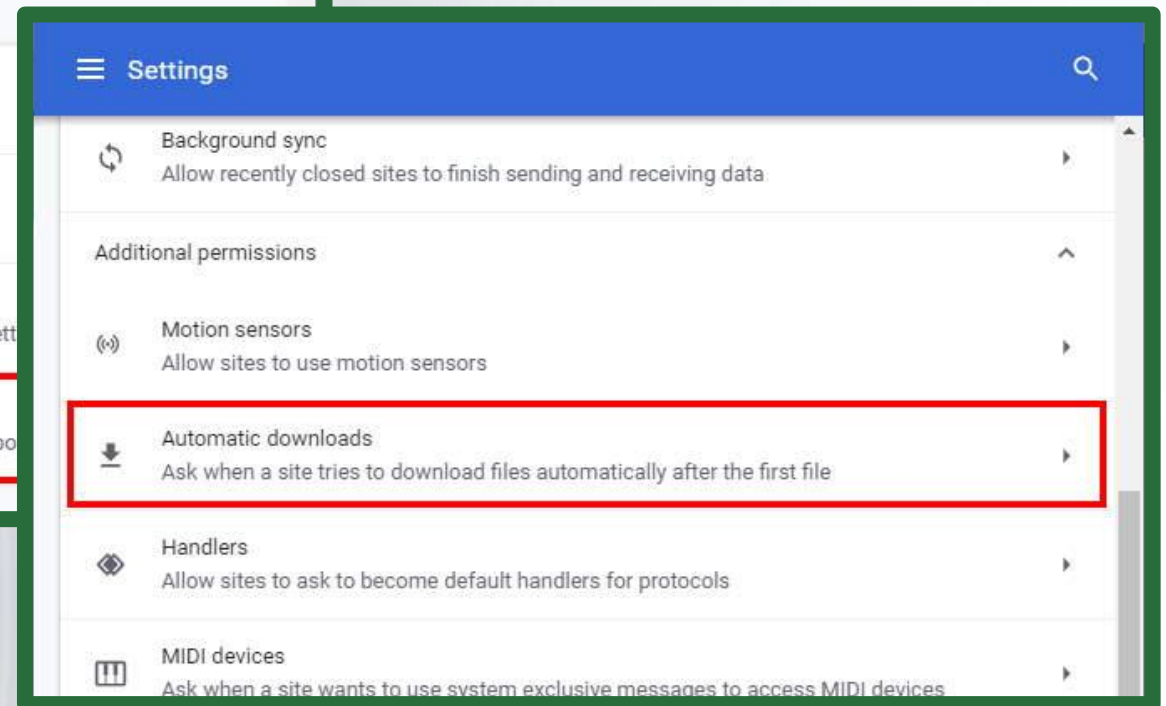
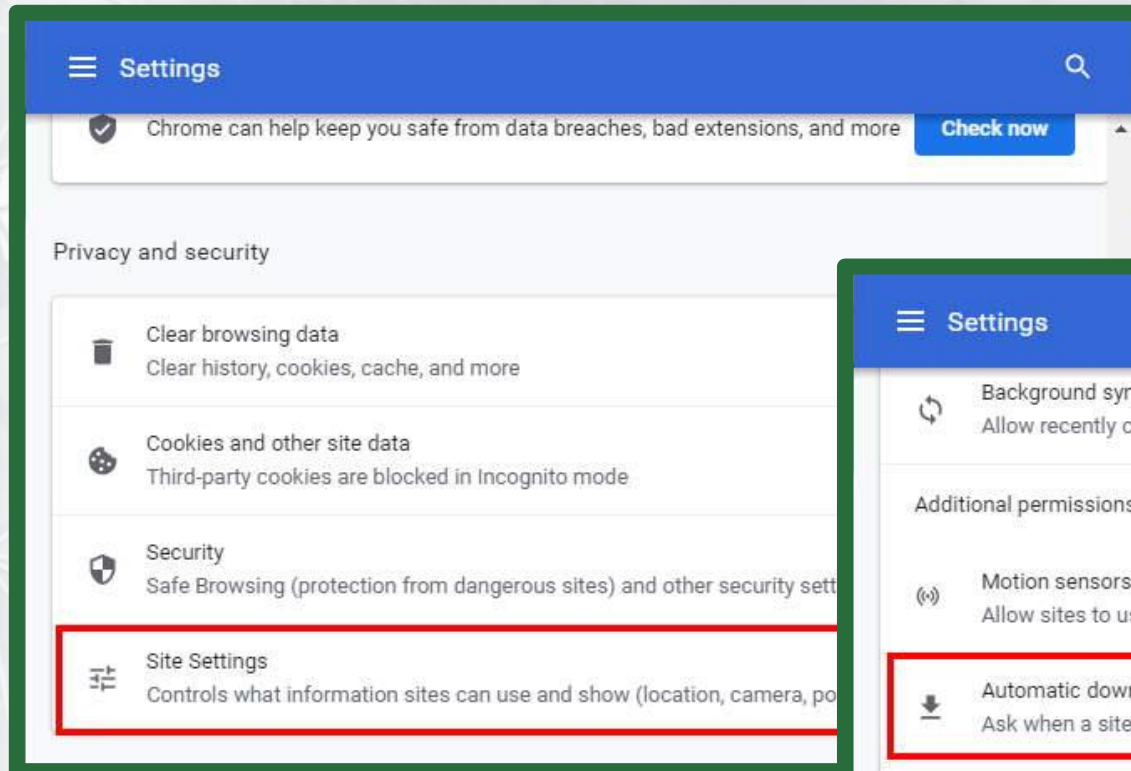






# Secure Internet Browsing

3-Turn-off automatic downloads. Click on setting > then..



# Secure Internet Browsing

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- 4- Do not use the automatic login feature.
- 5- Periodically clear the history and cookies files from the browser.
- 6- Use the latest version of the Internet browser software.
- 7- Make sure to adjust the security and privacy settings for the Internet browser.
- 8- Block pop-up windows, as they may lead to malicious or hidden attacks.





# Secure Handling of Email Services

## especially phishing emails

### What is phishing?

It is a dangerous and effective method for hacking operations. Criminals pretend to be known people and send targets messages containing a malicious link or attachment. The goal is for targets to click on the link, which may download malware or lead them to an untrusted site to steal their personal information.

### Common signs of the phishing email:

- Unusual senders requesting your personal data.
- A simple change in the letter order of the address of a user you know.
- Spelling or grammatical errors.
- Unexpected email domains.
- Request an urgent response to sent or threatening content.





# Secure Handling of email services

## especially phishing emails

### Ways to prevent phishing attacks:

- Avoid opening emails from untrusted sources.
- Check the sender before you click on any link or attachment.
- Check before responding to any messages asking for personal information.
- When you receive messages requesting to update your data, update it via only the official website, not via the attached link.
- Do not participate in promotions using your work email.
- If a suspicious message looks like it's coming from someone you know, contact that person via a different communication method, to make sure it's safe.
- Install all software and system updates on your device.



# Secure Use of Social Media

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- Use strong passwords for your social media accounts.
- Activate the two-factor verification feature on social media sites.
- Do not post sensitive information or employment information on social media sites.
- Do not use social media sites to exchange business documents or data.
- Avoid logging into social media sites using public devices or untrusted networks.
- Activate security questions, update them constantly, and store them in a safe place.
- Install security updates and fixes for social media apps from trusted sources as soon as they are released.

**Remember, “What you post once on the Internet..  
remains always on the Internet..”**





# **Safe Handling of Mobile Devices and Storage Media**

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- **Install security updates and fixe packages for operating systems, software, and applications only from trusted sources as soon as they are released.**
- **Create a complex password, and do not share it with anyone.**
- **Do not use external storage media on work devices.**
- **Do not connect any unsafe or unknown storage media to your device.**
- **Always make sure to check storage media of known origin before opening them.**
- **Delete temporary storage files “cookies” periodically.**
- **Make sure you have anti-virus software installed and activated on your device.**